



SOUTHSIDE
BEHAVIORAL
HEALTH



SOUTHSIDE WELLNESS
COALITION



Suicide Prevention

September is **National Suicide Prevention Month**. Join a training today and learn to save a life.

To register, contact
Kenan Tyner-Smith at:
ksmith@southsidebh.org
or
434-572-6916
ext. 1550.

LGBTQ+ EQUITY

What's Your Pronoun?

LGBTQ+ Equity

Learn to positively impact the health of our local LGBTQ+ communities.

- 08.30.2021 10 AM -12 PM



Youth Mental Health First Aid

Understand and respond to signs of mental illness and substance use disorders in adolescents.

- 09.2.2021, 9 AM-4 PM
- 09.17.2021, 9 AM-4 PM



Understanding ACEs

Learn to recognize and reduce Adverse Childhood Experiences within your community.

- 09.09.2021, 9 AM-12 PM
- 09.15.2021, 9 AM-12 PM
- 09.29.2021, 12 PM-3 PM



Real Men Ask for Help

Join Jonathan Smith, Founder of Putting a Dent in Mental Health, and Mike Washington, from the Seattle Fire Department, for an important presentation on World Suicide Prevention Day.

- 09.10.2021, 12:00 PM - 1:00 PM



REVIVE! Opioid Overdose & Naloxone Education for Virginia

Learn to recognize the signs of an opioid overdose, respond to an opioid emergency, and administer Naloxone. Training and Narcan are provided at no cost to participants.

- 09.23.2021, 04:00 PM - 5:30 PM