



**Southside Wellness Coalition
Membership Meeting- HYBRID
Thursday, May 23, 2024
Beginning at 10:00 AM
In person at SBH Administration Conference Room
143 Industrial Parkway, Clarksville
Via ZOOM**

[https://bewellsouthside.org/blog/southside-wellness-coalition-meeting-minutes-for-May 2024/](https://bewellsouthside.org/blog/southside-wellness-coalition-meeting-minutes-for-May-2024/)
Minutes

Members Present: Stephen Wilson, recovery community, membership committee; Kenan Tyner-Smith, Dennis Damien, American Legion, VFW local veterans, Catherine Maloney, TCCAA, Liam Hudson, Chair of SWC and Lean in Project; Christine Pennington, leadership team and Resilient Pathways.

Members on ZOOM Allison Byrne, Community Engagement and Partnership Coordinator at the Central Virginia VA Medical Center Shelly Clary, VA Poison Center at VCU Health; Barbara Johnson- Community Health Worker with Virginia Department of Health.

Welcome and Announcements: *Kenan Tyner-Smith, SWC fiscal agent*- welcomed all. Our email is swc@southsidebh.org or prevention@southsidebh.org

Minutes: A motion to approve the April 18, 2024, minutes by Christine Pennington and Catherine Maloney. The minutes are stored online:
<https://bewellsouthside.org/about/latest-newsletter/>

Guest Speaker: *Christine Pennington shared information about her resource center; Resilient Pathways. She shared information about the VTSS multi-tiered support as it connects to school systems, students' needs and authentic implementation. She described the push back that VA school boards have towards social emotional learning. She shared that prevention and early intervention are key. Healing is at the family level and the family needs to be the focus. Our role is increase advocacy and work in a collaborative way to increase prevention efforts in the community. Students need social emotional check ins- connections to the student- trauma sensitive environment with family engagement and building family relationships.*

Follow up discussion: Dennis shared the need for there to be an emphasis on wrap around services as it pertains to postvention after a local suicide by anyone but especially youth. Allison shared resources in the chat box; posted in members news. Discussion of increasing opportunities for suicide prevention classes in the area.

Update from the Leadership Team: *Liam shared that the logo has launched with tote bag and new tablecloths and that we are developing a marketing plan for our new logo. Liam is also talking to TCCAA about an in person August meeting in conjunction with their Back to School event on August 15. Kenan shared that she needs to know who will represent the coalition at the CRI Conference and CCOVA; she also shared information about attending the Youth Summit in Hampton Roads and the SMVF Summit in Radford. Christine shared that Resilient Pathways hosted their Empowerment Night and that this fundraiser is for the free camps that she is sponsoring in July. Flier will be shared on social media.*

Update on Hidden in Plain Sight: *Well attended by over 80 people; lots of participation by local agencies. All pictures and information to request information is on our blog.*

VFHY Lunch and Learn at MCHS: *Attended by 39 folks, 30 of which were the local teens from the four participating schools; Well received but has not been any follow up interest in future plans as of yet. Kenan has a final meeting with all of the teachers on June 6.*

Update from COC- *Elaina is not able to join us. State COC funding is available in July.*

Community Coalitions of VA Update (CCOVA): *We are preliminary on the CCOVA Summit list of possible speakers in support of the We Stand Together campaign. CCOVA is a great experience to learn more about coalition work. Please reach out to Liam or Kenan for more information.*

Trauma Informed Community Network : *Christine shared that she is working on her Passport to Wellness event in conjunction with the Autumn Jubile in Chase City; She and Kenan attended the Pathway to Resilient Conference in Danville on May 8. It was well attended and worthwhile; really enjoyed the Brain Architecture game. Plan to purchase the rights to use it at ACEs trainings, coalition meetings and community talks possibly.*

Member News/ Updates: *Allison shared: I wanted to add these post-vention resources to the conversation- lots of good info is linked about how to tailor suicide postvention to different populations; but also resources for survivors to access:*

<https://www.mirecc.va.gov/visn19/postvention/community/content.asp#additionalResources>: <https://mentalhealthvirginia.org/get-help/warm-line/> Just Need to Talk? Call or Text our Peer Run Warm Line 866-400-6428- Mental Health Virginia Christine shared her

